

IBPYP NEWSLETTER**July 2022- Vol.8****From Principal's Desk**

Dear students,

Understanding and expressing our emotions is an innate part of the human experience. What we think, say and believe; is how we perceive things, events and people around us. Perspective is like a tinted glass through which we see the world. Our experiences and encounters in day-to-day life help us build our outlook towards things and people and are a reason for why we deal differently with different individuals and in different situations.

Let us be open minded to respect other people's opinions and share our own when required. Accepting everything without a doubt is not recommended, it dulls our mind and makes us followers rather than leaders; on the contrary asking questions and finding answers lead us to a better understanding of why people have different perspectives. PERSPECTIVE is never fixed it changes with personal experiences and exposures such as meeting and interacting with people, reading on various subjects, travelling to new places, learning about world cultures, lifestyle, values and beliefs. The beauty of this world lies in diversity, to accept differences and see the uniqueness of each difference.

As teachers and students at school we learn how perspectives differ and how it is formed, we learn to appreciate and accept that each individual is unique in his or her own way and so we develop an understanding to nurture and deal with them with an open mind.

In life we learn that knowledge is important to form an opinion and reflection leads to new and better vision. Many of our problems are solved once we realize that people look different, they think different, and that they act different. And the best way to live in harmony and peace is to agree to disagree with grace and understanding in times when required.

Remember dear students, a rainbow in the sky radiates seven colours each complimenting the whole; our hand has fingers, each a different size and shape. so don't hesitate to be different and have a perspective that is yours.

Ms. Girdhar Kumari**Principal**

Welcome note from PYP Coordinator@Sanskar

"A new school year means new beginnings, new adventures and new challenges"- Dennise Witmer
Greetings to one and all! We would like to welcome all our parents and students on adventure, full of joyous learning in this new academic year.



Dear Students, for you it is another fresh page of a new chapter to start with and another adventurous journey to commence. Don't forget to write it with lot of positivity, faith and gratitude. Start your day with a positive thought and faith in the almighty. Go to bed with a heart full of gratitude as you reflect on your actions taken throughout the day. Be grateful to your parents who work tirelessly to provide you with the best of everything. Respect and thank your teachers often, as they are the ones who kindle the spark of curiosity in you and help you to bloom into a mindful young human being. Remember positivity is the most contagious attribute of all, don't forget to rub a little onto someone else with your kind gestures.

Dear Parents, together we can support our children to reach the great heights in life. Your positive involvement is actually a better predictor of child's academic success than a standardized tests. Do participate in various events & activities organized by school regularly to understand & support your ward's progress. Spend time with your ward to know and contribute to his learning journey every day.

To my colleagues, I look forward to venture out on a roller-coaster ride with you all once again wherein we learn, unlearn & relearn every day, which we often take it as our achievements. Let us raise the bar further, for the sky is the limit!

Last, but not the least, always grateful to our Principal Ma'am, Ms. Girdhar Kumari for encouraging and guiding us throughout.

Ms. Smita Benuskar
PYP Coordinator

Early Years@Sanskar

Little learners of Vatika learned about the concept of family and people around them, under the Transdisciplinary theme - WHO WE ARE.

Knowing oneself is the first attempt to introduction. Learners enjoyed introducing themselves to their peers and also realizing how each one is special in their own unique way.

Under this theme, learners also understood and realized the importance of family in their lives. They explored & understood how each member of their family plays an important role in moulding their personality. Learners were able to relate & reflect on their own responsibility towards their family members.

Our curious inquirers of Praveshika explored the Central Idea-We use our senses to explore ourselves and our surrounding. Learners acquired knowledge on five senses and their functions in our day-to- day lives. In this theme, they learnt various ways through which they can maintain their personal hygiene. Learners enjoyed practicing various postures of yoga and some basic breathing exercises to strengthen their body and maintain wellbeing. They enthusiastically participated in various learning experiences and shared their learning through various activities during the theme. Inquiring mind leads to a fruitful learning was witnessed and encouraged by the Early Years team.

[Click to go for roller coaster ride with us](#)

Ms. Shikha Saini
Grade Coordinator



Little Inquirers@Sanskar

Grade 1

It was a delight to have young learners coming back to school after a long break of almost two years. The Transdisciplinary Theme-Who We Are, encouraged learners to make balanced choices in their daily routine by taking care of their eating habits, personal hygiene and by being physically active. They were motivated to eat healthy food, wash hands before and after meals and exercise daily through discussions and audio-visual aids. Learners inquired and reflected about consequences of good and bad choices. They developed self-management skills while reflecting about the balanced choices in their daily routine. They enjoyed the guest session on 'Good Touch and Bad Touch' by Dr. Rashmi Khandelwal. Thus, they became aware of their body and developed problem solving skills.



Under Unit 2 - 'Where we are in Place and Time' learners got the opportunity to become knowledgeable about various types of houses in different climatic conditions. Learners were curious to investigate about how different climatic conditions impact the structure of house at various places. Also, the change in structure of houses & building materials with time was much investigated area by the young learners.

Link to the video:-

[Get your sunglasses because we are ready for flickering \(Click here\)](#)

Ms. Shuchita Mathur
Grade 1 Coordinator



Principled Learners@Sanskar

Grade 2

Themes - Who we are & How we organize ourselves

I thank all the parents for their participation in the Parent Orientation session. This session was organized to inform you about the way PYP is implemented in classrooms and school environment.

As we commenced our UOI - Who we are and the learners enthusiastically explored central idea- The way we conduct ourselves, convey who we are. Learners demonstrated their understanding through drawing, writing and verbal interactions. They decided essential agreements for themselves at home, at school and during PE activities.

Learners explored TD Theme - How we organize ourselves under Central idea- Public places establish connection and sense of community. This time they enthusiastically took part in planning and that lead to the identification of next-step in learning-How to execute the theme and what they want to learn was chosen by them. They enthusiastically participated and reflected on trips to areas of school like garden, library, office etc. Learners explored characteristics and purpose of different public places through virtual trips. It was wonderful to see the students take part in the Handwriting, Art, and Spell Bee competitions that generated a level of enthusiasm amongst the students. It motivated the students to develop creative thinking skills and art of exploration. We will be hosting many more such events for the students to showcase their talents.

Link to the video:-

[Click to view my wings, as I'm flying high](#)

Ms. Garima Rawat
Grade 2 Coordinator



Good Communicators@Sanskar

Grade 3

Under the theme-How we express ourselves, learners enthusiastically expressed themselves through different art forms like dance, music and visual art. They explored & drew beautiful paintings of Warli, Gond, Pointillism and reflected on the beliefs behind them. They researched about famous personalities in respective fields and their contribution towards those art forms. Learners exhibited good knowledge and connection by displaying their understanding on beliefs and values behind various art forms. Learners also creatively presented their expressions through different dances like Kathak, Bharatanatyam and folk dance.



In this TD Theme, Who We Are, learning started with enthralling brainstorming session about the food items they consume on regular basis. The learners drew food pyramid and balanced diet chart which will help them to understand the importance of taking appropriate nutritive value. They actively participated in discussions and enhanced their learning on the functions of different body systems. Self-management skill was clearly visible when learners started taking responsibility for their own wellbeing by following healthy routine. They acquired more knowledge and emerged as true inquirers as they inquired about the functions of different body systems and ways to maintain a healthy body and mind.

Link to the video:-

[Click to have a dip in our ocean of knowledge](#)

Ms. Deepika Seth
Grade 3 Coordinator



Knowledgeable Minds@Sanskar

Grade 4

"A new school year means new beginning, and new challenges. The slate is clean and anything can happen" - Denise Witmer

The academic session began with the proper implementation of various strategies planned by our experienced and enthusiastic team. Our academic session progressed under the theme - WHO WE ARE, where learners were able to learn about role model, and were also able to reflect upon the qualities possessed by the role model. Learners used their thinking skills while they selected their role model, and had their own perspective as to why they selected particular person as their role model. They became inquirers and used their research skills to find out about the achievements and struggles of their role model, and reflected on their positive qualities which inspired them.

As a facilitator, it was really heartwarming to see the learner choosing their role model like, APJ Abdul Kalam, Mother Teresa, Cristiano Ronaldo and so on. The learners presented their findings confidently, and developed good qualities like, honesty, respect, love, discipline, kindness, among themselves.

In the next theme - HOW THE WORLD WORKS, learners were really curious to learn about the different types of flora and fauna present on our planet Earth. They learnt about various ecosystem, adaptations and interdependence between the organisms through food chain and food web.

The learners used their thinking and research skills brilliantly to find out about different ecosystems, they researched about various human actions responsible for the extinction of certain animals, and also about the endangered animals and plants.

It was comforting when we saw the learners coming up with innovative ideas to preserve our flora and fauna on our planet Earth.

[Confidence need not to be labeled, have a look at my height of credence \(Click here\)](#)

Ms. Harshini Chouhan
Grade 4 Coordinator



Growing Thinkers@Sanskar Grade 5

The much-awaited offline classes started with the theme "Who We Are". This was a good start for the learners as this theme is all about us, our body, health, and wellbeing. The learners researched about different stages of the human life cycle. They compared their development with their family members. The guest lecture on "Growth and Development" and "Dental Hygiene" enhanced their knowledge about the topic and developed their listening and speaking skills. They have learned the importance of balancing the different types of well-being and presented their understanding by making their own "Self-Care Plan". They also got an opportunity to share about themselves, their family, their likes and dislikes, hobbies, etc. by making their "Personal Diary". Overall, it was a great learning experience for the young learners.



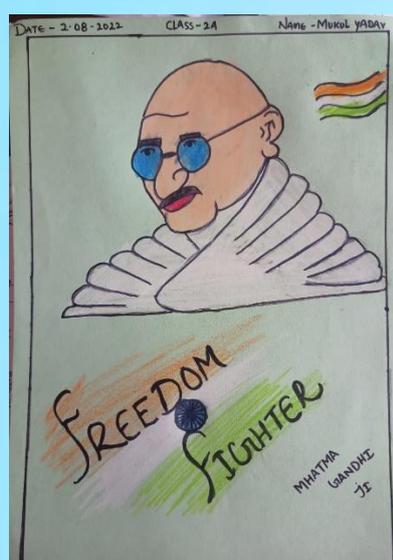
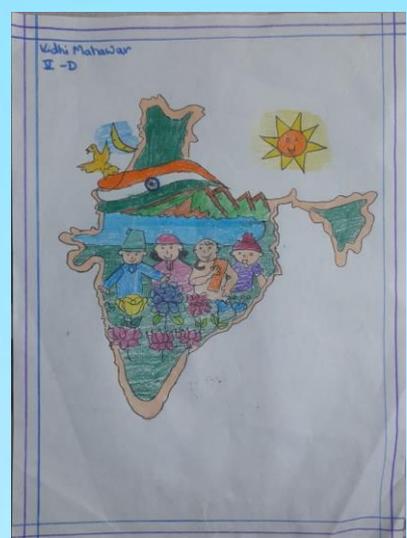
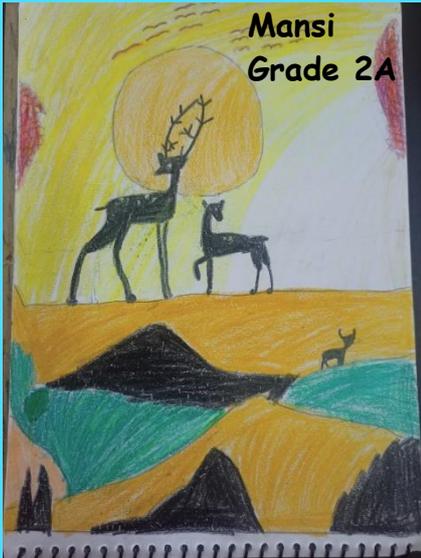
Under the theme "How We Organize Ourselves" the learners became knowledgeable by learning about different types of mass media. To showcase their prior knowledge, they made a KWHLAQ chart on mass media. After the unfolding of the central idea and lines of inquiry, the learners also got an opportunity to plan learning experiences and group activities for the theme. They used their research skills in finding out the role and influence of mass media on society. The guest lecture on "Social media and netiquettes" will help them in becoming responsible users of social media. They showcased their creativity, thinking, and communication skills while designing an advertisement to launch their own product. Altogether it was an exciting and interesting theme.

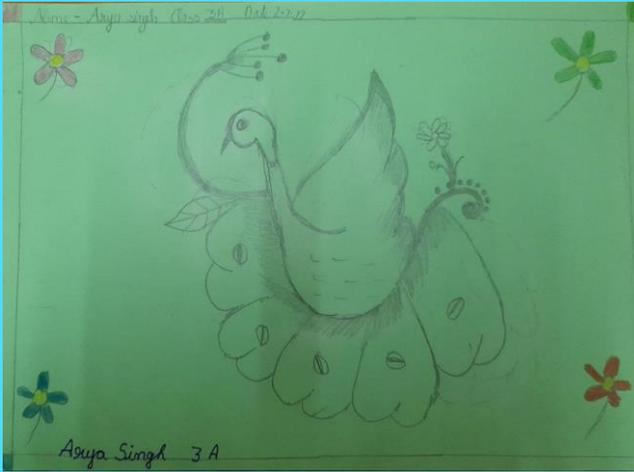
[Click to have a look at who we are](#)

Ms. Shilpa Choudhary
Grade 5 Coordinator



Student's Corner





Teacher's Corner

PUNJAB

Makke di roti, sarso da saag,
This is how you know the state of Punjab.
But there is more to it than we already know
Let's start with the name and follow some more
The land of 5 rivers- This is our Punjab
Satluj, Beas, Raavi, Jhelam and Chenab.
We are the farmers who work very hard
The bread basket of India, is a name in this

regard.

We sing and dance and speak more of
Punjabi

We celebrate Guru Purab, Lohri and
Baisakhi.

We like to wear the traditional dress

By looking at us you can make a guess!!

Yes! its Salwar Kurta, Turban and dupatta
Golden temple is a place to visit

It will clean your heart even your spirit!



By: Ms. Shuchita Mathur

Window

Window doesn't always mean
the one in a wall,
with curtains and meshes and
panes and all.

It sometimes means something
beyond all that,
which can be seen if it's
carefully looked at.

We have many windows even to our heart,
privacy can be maintained if we are smart.

Behaviour and aura are few of those windows,
these are the ones which are seldom close.

Behaviour reveals to the world our inner thoughts,
many a times our feelings are caught.

These windows are very crucial,
because they stay with us till our burial.

For the world your feelings should be hidden, whether you're a brave
lion or a wet kitten.

Although there's no harm if people know all about you.

But then the phrase 'concealed is intrigue' is also true.



By: Ms. Harshini Chouhan

Celebrations and Events@Sanskar

World Health Day

7th April 2022

World Health Day is celebrated every year on 7th April to commemorate the anniversary of World Health Organization (WHO) which was established in 1948.

To celebrate the World Health Day, students from Grades 1 to 5 reflected on the importance of health, healthy food and other factors that contribute to health & wellbeing. To encourage students to practice yoga on daily basis, to maintain good health, yoga session was conducted by Dr. Manjula Bhati.



Welcome Party

8th April 2022

A welcome party was organized by Sanskar School on 8th April to welcome our students post-pandemic, to help them settle in an offline environment and enjoy their very first week in school.

Our tiny tots were neatly dressed in their favourite dresses and enjoyed various activities like music, dance, rhymes, games, art etc which helped them know each other and their teachers as well. They enjoyed fun races like balloon balancing race, lemon and spoon race and many more which added to this amazing event & we witnessed some lovely smiling faces at the end of the day.



World Creativity and Innovation Day 21st April 2022

World Creativity and Innovation Day is observed every year on April 21st to emphasize the role of creativity and innovation in different aspects of human development.

On account of World Creativity & Innovation Day, various grade groups showcased their creativity and team spirit by designing & creating different types of transport, houses, animals, sceneries etc. Children upcycled the waste material and made something quite unique and interesting thus showcasing their creativity!



My Favourite Colour Day 29th April '22

We all live in a world where colours are often a part of us and it is interesting to note that colours have such a tremendous impact on our life. To know about the favourite colour of our tiny tots, Sanskar School organized My Favourite Colour Day on 29th April. Our tiny tots were dressed in their favourite colour dress. They enjoyed various art activities related like making collage of different shades of their favourite colour. They also enjoyed thumb painting, finger painting and cotton dabbling.



Mother's Day
6th May 2022

"The influence of mother in the lives of her children is beyond calculation."

Mother's Day is a special day of the year, dedicated to all the mothers and is celebrated all over the world. Mother hold a special place in the heart of a child. Learners of Sanskar School were given an opportunity to express their appreciation and love by making a gratitude card for their mothers which reflected their emotions and respect. What a gesture!



Orange Colour Day
6th May 2022

Orange is fun, dynamic and radiates warmth and joy. To reinforce the colour concept of Orange in our tiny tots of Early Years, Sanskar School celebrated 'Orange Colour Day' on 6th May. It was a great learning activity which helped children understand the concept of secondary colours. The teachers and children both were dressed in harmonious shades of orange. They also enjoyed vegetable painting, cut and paste activity, origami activity to create various orange colour objects.



International Yoga Day

21st June 2022

Yoga is the fountain of youth. You're only as young as your spine is flexible. - Bob Harper.

Yoga is a physical, mental and spiritual practice which originated in India. The Prime Minister of India, Mr. Narendra Modi, in his UN address in 2014, had suggested the date of June 21 to be marked as Yoga Day. As it is the longest day of the year in the Northern Hemisphere and shares a special significance in many parts of the world. This day was celebrated by the learners and teachers of Sanskar School with great enthusiasm & zeal by discussing various benefits of Yoga & Healthy Lifestyle. Various yoga asanas including some breathing exercises were performed by the students under the guidance of yoga teacher.



Doctor's Day

1st July 2022

"Medicines cure diseases, but only doctors can cure patients." Carl Jung
National Doctor's Day is celebrated on July 1st in India every year. The day honours the birth and death anniversary of physicians and second chief minister of west Bengal. Dr Bidhan Chandra Roy.

To mark the day & imbibe the importance & contribution of Doctors in society, parent community was invited to the campus to enlighten our young inquirers on various topics such as Oral Health & Hygiene, Mental Wellbeing, Balanced Diet, Importance of Healthy routine etc.



Pre-Primary Blue Colour Day

8th July 2022

Colours play a very important role in early development of children. Blue is the favourite colour of many people and is amongst the most popular colours and can be seen generously in nature. Blue is associated with peace and tranquillity. The early year wing of Sanskar School celebrated **Blue day** on 8th July 2022. It was a pleasant and cool blue day for the tiny tots. All the children came dressed up in different shades of Blue along with their favourite blue objects and pictures. They enjoyed some beautiful Art & Craft activities like sea creatures, clouds and was amazed to fill the sheet with different hues of blue!



Paper Bag Day

12th July 2022

Every year 12th July is celebrated as Paper Bag Day which aims to spread awareness among people about the benefit of using paper bags instead of plastic. Our students spread awareness that plastic in any form, especially those thin carry bags, is very harmful to our environment. They took an action by creating useful paper bags out of used papers like newspaper, old calendars, magazines etc.



Pre-Primary Play Dough Day

22nd July 2022

"The important thing is to create" - Pablo Picasso Play-Dough was invented in the mid 1950. It has entertained millions of children, allowing them to express their creativity, both at home and in the classroom. The benefits of play in learning cannot be overstated. It inspires the imaginative child, comforts the agitated child, and aides the visual child. It also improves hand-eye coordination skills, develops fine motor skills, encourages play-based learning, supports literacy and numeracy and improves social skills. To showcase their creativity, tiny tots of Early Years enjoyed the Play Dough Day held on 22nd July'22. For kids, it was fun to create something and play with it. They created flowers, butterflies, stars, teddy bear, yacht, snakes, fruits, turtles, ice-cream and various other things they see in their surrounding



Champions@SANSKAR

We are elated to announce!

Sanskar students secures second position in Kiddofest 2022.

Purvi Patil of Grade 5 from Sanskar School did the school proud by securing 2nd position in Kiddofest 2022 Poster Making Competition organised by Maheshwari Public School on 21st July 2022. The event named 'Enthralling Shades' was based on the theme 'Culture of seven sister states of India' wherein each participant had to choose any one state for their poster depicting the culture of the concerned state.



Thank You

*Designed and Compiled by
Ms. Anchal Midha
Ms. Poonam Jain*

